



POHJOISMAISET KOULULAISKISAT / NORDIC CAPITALS` SCHOOL GAMES

21. – 26. May 2023

Sunday 21.5.2023

14.00 Reykjavik FI 342
15.00-15.30 Accommodation Kisakallio
17.00 Dinner Reykjavik

21.00 Evening snack

Monday 22.5.2023

11.15 AY 0952 Copenhagen
12.00 AY 804 Stockholm
13.10 DY1190 Oslo

09.30 Helsinki/Haagan pk bus to Kisakallio

11.00 *Lunch Helsinki and Reykjavik*
12.00-14.00 *Lunch Tukholma and Kööpenhamina*

Get to know the places with guide

14.30 Handball: Helsinki – Reykjavik
16.00 Handball: Stockholm - Copenhagen
16.45 Football: Helsinki - Reykjavik
18.15 Football: Oslo - Stockholm

16.30 *Dinner Oslo (football), Stockholm (football)*
17.00 *Dinner Helsinki, Copenhagen*
17.15 *Dinner Oslo, Stockholm*
17.30 *Dinner Reykjavik*
18.00 *Dinner Helsinki (football), Reykjavik (football)*

20.00 Welcome ceremony for all participants (205+ 40) Pallohalli
20.30 Meeting for sports directors (coachies&leaders)

21.30 *Evening snack*

22.30 Silence

Tuesday 23.5.2023

- 7.00 Breakfast Copenhagen, Oslo, Reykjavik**
7.20 Breakfast Stockholm, Helsinki
- 8.45 Prepare for march
9.00 Opening ceremony: march, speech, national anthems
9.40 Transport to Harju Stadium track&field-girls
10.15 High jump track&field-boys Kisakallio
10.30 Long jump, Shotput track&field-girls Harju Stadium
10.00 Football: Copenhagen - Reykjavik
10.00 Handball: Oslo - Stockholm
11.15 Football: Stockholm - Helsinki
11.15 Handball: Reykjavik - Copenhagen
11.00 – 13.00 Lunch
11.15 Stockholm, Copenhagen
11.30 Reykjavik, Oslo
12.30 Helsinki, Stockholm(football), Copenhagen (handball),Reykjavik (handball)
- 13.00 Transport to Harju Stadium track&field-boys
14.00 Long jump,Shotput, track&field-boysHarju Stadium
14.00 High Jump track&field-girls Kisakallio
15.00 Handball: Stockholm - Helsinki
16.00 Football: Oslo - Copenhagen
- 17.00 – 18.00 Dinner**
17.00 Copenhagen, Reykjavik
17.15 Stockholm, Oslo
17.30 Helsinki
18.00 – 22.00 Headleaders meeting , Villa Kallio
- 18.30 – 20.30 Outdoor program for all participants (Kisakallio staff and coaches)
- 21.00 Evening snack outdoors**
- 22.30 Silence

Wednesday 24.5.2023

- 07.15 Breakfast Helsinki & Copenhagen (handball), Oslo & Helsinki (football)**
07.30 Breakfast handballers & fottballers
07.45 Breakfast track & field
09.30 100m , track&field-girls&boys,Kisakallio
09.15 Football: Helsinki - Oslo
09.15 Handball: Helsinki - Copenhagen
10.30 Football: Copenhagen - Stockholm
10.30 Handball: Reykjavik - Oslo
- 11.00-12.15 Lunch Helsinki, Copenhagen, Reykjavik, Oslo, Stockholm**
- 12.45 Transport to Helsinki
14.00 Visit to Helsinki City Hall
15.30 Shopping in the heart of Helsinki
17.00 Transport to Sportsmuseum Tahto

17.30-19.00 Sportsmuseum Tahto
19.05 Transport to Circus Helsinki
19.45-20.30 Circus Helsinki
20.40 Transport to Kisakallio
22.00 Evening snack
22.30 Silence

Thursday 25.5.2023

07.00 Breakfast track & field girls & boys
07.15 Breakfast Oslo (handball+football), Reykjavik (football), Copenhagen (handball)
07.30 Breakfast all others

09.00 Transport to Harju Stadium, track&field girls&boys
09.30 800m, track&field, girls&boys, Harju Stadium
09.00 Football: Oslo - Reykjavik
10.00 Handball: Oslo - Copenhagen
10.15 Football: Copenhagen - Helsinki
11.15 Handball: Stockholm - Reykjavik

11.00-13.00 Lunch

11.15 Helsinki + Copenhagen + Oslo (handball), Stockholm (football),
11.30 Reykjavik + Oslo + Kööpenhamina + Helsinki(football)
12.00 Track & field girls&boys
12.30 Stockholm + Reykjavik (handball)
14.00 Football: Reykjavik - Stockholm
14.30 Handball: Helsinki - Oslo

16.00 Relay 20 x 60m (7 footballers, 5 handballers 4 t&f girls, 4 t&f boys)

17.00 Dinner Copenhagen, Stockholm, Oslo
17.30 Dinner Reykjavik, Helsinki

19.00 Diplomas Pallohalli
19.30 Final Show (**Kisakallio staff**)
19.40 Banquet for adults Rantamakasiini
23.00 Final Show is over
23.30 Silence

Friday 26.5.2023

07.30 Breakfast Stockholm, Copenhagen
08.15 Breakfast Helsinki
08.30 Breakfast Oslo, Reykjavik

09.00 Bus to the airport Stockholm
09.00 Bus to the airport Copenhagen
09.45 Bus to Haaga Helsinki
10.00 Bus to the airport Oslo
10.20 **Lunch Reykjavik**
13.40 DY 1191 (Oslo)
12.50 AY 807(Tukholma)
12.05 AY 0953 (Kööpenhamina)
11.00 Bus to the airport Reykjavik
15.10 FI 343 (Reykjavik)

