



**PROGRAM**  
**NORDIC CAPITOL SCHOOL GAMES**  
**30<sup>th</sup> May-3<sup>rd</sup> June 2022**

**Sunday 29<sup>th</sup> May**

14.30 Reykjavik arrive at Gardermoen (DY1171)

**Monday 30<sup>th</sup> May**

08.00 Breakfast  
08.05 Helsinki arrive at Gardermoen (AY911)  
10.25 Stockholm arrive at Gardermoen  
10.30 Copenhagen arrive at Gardermoen (DY933)  
**10.30 Football Oslo-Reykjavik** (N.Åsen)  
**11.30 Handball Oslo-Reykjavik** (Kjelsås)  
12.30 Lunch  
**14.30 Welcome-meeting** (Oslo, Reykjavik)  
**15.30 Welcome-meeting** (Copenhagen, Helsinki, Stockholm)  
17.00-18.00 Dinner  
**18.30 Get Together**  
**18.30 Mainleaders meeting**  
**20.00 Leaders meeting**  
21.00 Evening meal  
22.00 Be in rooms  
22.30 Quiet

**Tuesday 31<sup>st</sup> May**

07.00 Breakfast  
08.00 Transport  
**09.00 Opening ceremony**  
**10.00 Track and field, 100m**  
**10.15 Handball Copenhagen-Stockholm** (KFUM-hallen)  
**10.30 Football Helsinki-Reykjavik** (Ekeberg)  
11.00-13.00 Lunch  
**11.15 Handball Helsinki-Oslo** (KFUM-hallen)  
**12.30 Football Copenhagen-Stockholm** (Ekeberg)  
**12.30 Track and field, 800m**  
**13.15 Handball Reykjavik-Stockholm** (KFUM-hallen)  
**13.30 Football Helsinki-Oslo** (Ekeberg)  
14.30 Transport  
16.15 Transport  
**17.00 City Hall, City tour**  
21.00 Evening meal  
22.00 Be in rooms  
22.30 Quiet

**Wednesday 1<sup>st</sup> June**

07.00 Breakfast  
08.00 Transport  
**09.00 Track and field, high jump, boys**  
**09.30 Handball Helsinki-Stockholm** (KFUM-hallen)



- 09.30 Football Copenhagen-Oslo** (Ekeberg)
- 10.30 Handball Copenhagen-Oslo** (KFUM-hallen)
- 10.30 Football Reykjavik-Stockholm** (Ekeberg)
- 11.00-13.00 Lunch
- 12.30 Track and field**, high jump, girls
- 13.00 Handball Helsinki-Reykjavik** (KFUM-hallen)
- 13.30 Football Copenhagen-Helsinki** (Ekeberg)
- 15.00 Transport
- 16.30-17.30 Dinner
- 18.00 Transport
- 18.30 Culture Event (Norsk Folkemuseum)**
- 20.30 Transport
- 21.00 Evening meal
- 22.00 Be in rooms
- 22.30 Quiet

### Thursday 2<sup>nd</sup> June

- 07.00 Breakfast
- 08.00 Transport
- 09.00 Handball Copenhagen-Reykjavik** (KFUM-hallen)
- 09.00 Football Helsinki-Stockholm** (Ekeberg)
- 09.00 Track and field**, short put / long jump, boys/girls
- 10.00 Handball Oslo-Stockholm** (KFUM-hallen)
- 10.30 Football Copenhagen-Reykjavik** (Ekeberg)
- 11.00-13.00 Lunch
- 11.00 Handball Copenhagen-Helsinki** (KFUM-hallen)
- 12.00 Football Oslo-Stockholm** (Ekeberg)
- 12.00 Track and field, short put / long jump, boys/girls**
- 15.00 Relays** (4 x 200 m athletics)
- 15.15 Relays** (12 x 60 m football and handball)
- 15.30 Transport
- 17.00 Snack
- 18.30 Diplomas**
- 19.15 Get Together, pizza ++** (participants) (Engebråten skole)
- 19.00 Banquet** (leaders) (Grefsenkollen)
- 22.30 Be in rooms
- 23.00 Quiet

### Friday 3<sup>rd</sup> June

- 06.00-09.00 Breakfast
- 05.30 Copenhagen transfer to Gardermoen
- 09.05 Copenhagen departures from Gardermoen (D83222?)
- 09.00 Stockholm transfer to Gardermoen
- 09.30 Helsinki transfer to Gardermoen
- 10.00 Reykjavik transfer to Gardermoen
- 12.40 Stockholm departures from Gardermoen
- 13.10 Helsinki departures from Gardermoen (AY914)
- 13.45 Reykjavik departures from Gardermoen (FI319)